

## The Signs and Symptoms of Oesophageal Cancer

**Early detection of Oesophageal Cancer is vital**, it is important that you visit your doctor the moment you notice any of these **symptoms** persisting:

Difficulty Swallowing — feeling that your food is sticking or catching after swallowing
Acid indigestion or Heartburn that does not go away and can be described as persistent
Food coming back up — either before reaching the stomach (Regurgitation) or after (Vomiting)
Progressive, unexplained and unplanned weight loss
Coughing, Burping, Belching or persistent Hiccups that don't subside
Hoarseness that persists — and isn't due to a cold
Unexplained anaemia

Other conditions can also account for these issues, but visiting your GP promptly is the best way to find out as early as possible.

If you subsequently notice no improvement, follow up with your doctor, as you may need to be referred to a Gastro-Intestinal (GI) Specialist.